



If you or your offices have an email address change please notify ebruner@fhcp.com of your new email address, to insure your uninterrupted service of the Provider Newsletter.

He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has.
-Epictetus

Welcome to all New Providers!



Craig S. Dean, D.O., Family Medicine-Family Practice of West Volusia-Deland
Carlos Pottinger, M.D., OB/GYN-Brooks & Gelman, M.D., P.A.-Deland
Rodolfo Aldir, M.D., Cardiology, Daytona Heart Group-Deland
Ann Gaffka, ARNP-C, Hematology Associates-Ormond Beach
Clark Monahan, D.C., Monahan Chiropractic Medical Clinics-Palm Coast



Attention all Providers:

The Diabetes/Health Education Department is continuing to expand our services to better serve your patients. In April, we added Port Orange appointments for one-on-one nutrition counseling. In June we will pilot adding Port Orange Pre-Diabetes classes to our schedule. We continue to have the 10 hour ADA approved program at this facility and Nutrition Game Plan for Diabetes (our 2 hour diabetes refresher course.)

Our goal is to reach and educate as many patients as possible. We need your help to fulfill this goal. We will continue to post our changes so you are aware of the services we provide. These appointments will be either per physician or self referral depending upon the diagnosis. Heart Healthy (lipid lowering) and diabetes appointments may be scheduled by self referral. All other appointments require physician referral.

For more information, please call 386-226-4518 or toll free 1-877-229-4518.

FHCP Radiology News



In reviewing the need for radiology after hours call for both Orange City and Palm Coast, it has been decided to cancel coverage at this time. Should there be a need for call in the future then I will arrange for coverage. Thank You,

Barbra Kondos, R.T.(R), Radiology Manager, 386-238-3229 or ext: 3353

Go Green!



**Save Energy,
Save Money
Recycle,
Reduce, and
Reuse**

**Green tips for
work and at
home:**

Get off mailing lists!!!!

The last thing you need is another office supply catalog, credit card offer, or Fax solicitation on your desk. Before tossing out junk mail, call the company's toll-free service number and ask that your name be removed from the mailing list. Have online retailers e-mail you instead. Almost half of all catalogs are never opened, yet nearly 62 million trees are destroyed and 28 billion gallons of water are used to produce them every year.



Important information Re: iHealth



FHCP would like to notify everyone that we are transitioning from iHealth to Allscripts' new patient portal solution from MedFusion effective 10/1/09.

To prepare for this transition we would like to request that all iHealth materials be removed now from all facilities and offices and returned to the FHCP Marketing Department in Holly Hill immediately to eliminate possible patient confusion or dissatisfaction.

More details regarding this transition will be provided in the upcoming weeks. Please contact Mike Pattison, Systems Operation Specialist in IS, at (386) 676-7100 x7197, with any questions and/or concerns. Thank you for your cooperation.

Ophthalmology News!

**Beginning September 15,
the FHCP Ophthalmology Department
will have a satellite office in our
Palm Coast Facility.
Dr. Koblick will see patients on Tuesdays
and Dr. Geis on Wednesdays.**



The address will be:
315 Palm Coast Parkway, Suite 2
Palm Coast, FL 32137

**For more information or to schedule
an appointment please call:
386-676-7103**

FYI! NPI and Florida License Number Search

Did you know there are several different websites to look-up NPI numbers for Providers? No more long distance phone calls. Just do an internet search and type in NPI Numbers and see what pops up. Here are some samples.

NPI:

<http://www.npinumberlookup.org/>

<https://nppes.cms.hhs.gov/NPPES/NPIRegistryHome.do>

To look-up a Florida Medical License go to:

<http://ww2.doh.state.fl.us/irm00praes/praslist.asp>



Florida Health
Care Plans will
be closed on
the following
Holidays

Monday, Sept. 7th
for Labor Day.

Thursday,
Nov. 26th, and
Friday the 27th,
for Thanksgiving



and
Friday,
Dec. 25th, 2009,
for Christmas



FYI!

The Provider
Directory is
now located on
our Website.
Check us out
at **fhcp.com**

ATLANTIC INSTITUTE OF CLINICAL RESEARCH

IS CURRENTLY ENROLLING THE FOLLOWING
CLINICAL TRIALS:

ATRIAL FIBRILLATION
(FHCP MEMBERS ONLY)*

BIRTH CONTROL PATCH

BIRTH CONTROL PILL

OSTEO & RHEUMATOID ARTHRITIS

PREVENTION OF OSTEOPOROSIS

Coming Soon:

Low Libido in Premenopausal Women

Low Libido in Postmenopausal Women

Overactive Bladder (for people 65 or older)

You don't have to be a FHCP member to participate in any of
these studies (*except as noted above).

For more information about these studies, Please call: 238-3220

Don't Forget!

2010 ICD-9-CM codes are effective October 1, 2009.

ICD-9 cm code for H1N1 488.1 is one of the new codes for 2010

A list of the new codes can be found at the CDC website listed below:

<http://www.cdc.gov/nchs/dataawh/ftpserv/ftpicd9/ftpicd9.htm#guidelines>

Coding questions????

Please call Program Management Department at the Holly Hill facility
386-615-4024 or 800-352-9824 x4024

Thanks and Happy Coding!



PHARMACY NEWS - 6/21/09



TO: MEDICAL STAFF
FROM: FHCP PHARMACY SERVICES

The FHCP Pharmacy and Therapeutics Committee reviewed the following therapeutic classes of drugs at the last meeting, held June 2nd, 2009; analgesics and antipyretics (280800) thru mucolytic agents (482400). Listed below are the Additions and Deletions made to the FHCP Drug Formulary as a result of the P & T Committee and the Performance Improvement Council, held 6/20/09. (PPI's are attached for all new Brand name drug additions)

ADDITIONS

NONE

DELETIONS

NONE

NO NEW GENERICS HAVE BECOME AVAILABLE SINCE LAST P&T COMMITTEE MEETING.

ALTERNATIVE PRESCRIBING FOR TOPICAL TESTOSTERONE AT A GENERIC COPAY VERSES BRANDED COPAYS FOR:

**ANDROGEL 50MG/5GM, 30 PACKS
TESTIM 50MG/5GM, 30 PACKS
ANDRODERM PATCHES**

OVER \$100 SAVINGS FOR MEDICARE MEMBERS & ≥ \$45 SAVINGS FOR NON-MEDICARE

FHCP PHARMACISTS CAN COMPOUND TESTOSTERONE 50MG/1ML, 30ML BOTTLE.

THE BEST WAY TO WRITE A PRESCRIPTION FOR COMPOUNDED TESTOSTERONE IS AS FOLLOWS:

<p>TESTOSTERONE 1500MG PURELL QS 30ML</p> <p>APPLY 1 ML TO UPPER ARM/SHOULDER ONCE DAILY</p>
--

FHCP ALREADY HAS MANY PATIENTS RECEIVING THIS COMPOUND.

OTC Niacin Preparations:

Some patients may be able to reduce costs by using OTC Niacin preparations in place of Niaspan. Niaspan costs between \$53-\$93/ 30 tablets depending on strength, OTC Niacin is about \$4.00/ 100 tablets. Flushing with Niacin & Niaspan is dose related and most all patients on ≥ 1g/day will experience flushing to some degree regardless of formulation. Taking ASA or Ibuprofen 30minutes prior to dose can reduce flushing. Lipid benefits are similar between Niaspan and Niacin on an mg/mg basis. Interestingly, OTC niacin can increase uric acid to a greater degree than Niaspan.

OTC Niacin formulations are an area that is frequently misunderstood by both patients and health care professionals, use Plain Niacin Immediate Release (NOT flush-Free) if you are trying to treat a Dyslipidemia. 'Flush Free' or 'No-Flush' niacin contains little or no free nicotinic acid which is the active moiety. The Time Release Niacin, Niacin SR, or Niacin ER has been shown to be hepatotoxic. Below is citation for an interesting study comparing OTC Niacin vs Niaspan. *Knopp RH, Alagona P, Davidson M, Goldberg AC, Kafonek SD, Kashyap M, Sprecher D, Superko HR, Jenkins S, Marcovina S. Equivalent efficacy of a time-release form of niacin (Niaspan) given once-a-night versus plain niacin in the management of hyperlipidemia. Metabolism. 1998 Sep;47(9):1097-104.*

Thanks